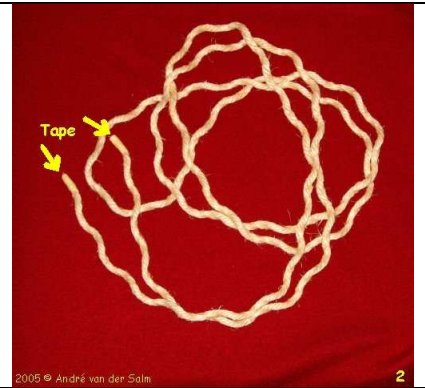


Make a Rope Grommet

You need a piece of 3 or 4 strand rope about $3\frac{1}{2}$ or $4\frac{1}{2}$ times (depending on the number of strands in the rope) the circumference of the grommet in length. Most of the time a three strand rope is used.



To make the grommet only one strand of the rope is used. You should carefully unlay one strand and prevent it from fraying by putting on some tape on both ends.



Form a ring the desired diameter in the middle of the strand and cross the strands as shown in the picture.



Now pass the working ends about themselves until they meet again. This is the first circuit. Make sure you give a little twist to the strand each time you go round. In this way the strand will lay up nicely and the original shape of the rope will be completely recovered.



Go around once more until both working ends meet again. This is the second circuit.



A third circuit is to be made. When finished you should have the original rope back in circular form.



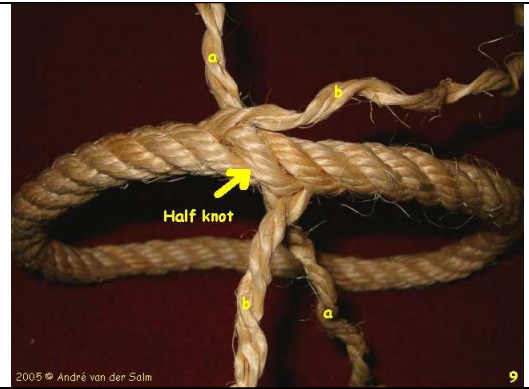
You can put on a temporary hitch. In this way you can easily split the working ends in half while the rest of your work won't mess up.



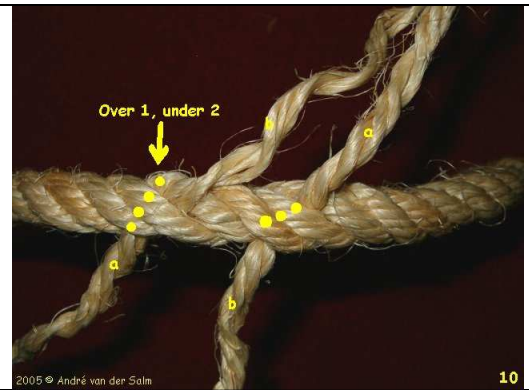
Before we can finish the grommet we have to divide both working ends in two equal parts.



To finish the grommet a half knot is made with two halves of the working ends. Make sure that the two remaining parts stay on top.



The two (half) working ends are spliced in the same way as one would do in a long splice. That is, going over one and under two strands. (see dots in picture)



Using a (Swedish) Fid will make the splicing a lot easier.



You can cut off the ends after you have spliced the strands three times. Roll the grommet a couple of times under your foot... ready.

